



## Physical Education at St John Vianney



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### Physical Education Curriculum

A high-quality physical education curriculum will help pupils gain a clear understanding of the positive impact of physical activity. It should inspire pupils' to take part in physical activity and flourish in a range of sporting activities. Teaching should provide pupils with opportunities to become physically confident in a way which supports their health and fitness. The curriculum aims to give children opportunities to compete in sport and other activities in order to build character and embed values. (NC 2014)

### Intent:

It is our intent at St John Vianney Catholic Primary to teach children life skills that will positively impact on their future. We aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical activities. We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.

Through our teaching of this subject we intend for our pupils to:

- increase and develop their physical and mental well being
- increase the knowledge, skills, concepts and attitudes for a variety of sports.
- develop an understanding of how to live a healthy lifestyle that includes physical activity.
- employ imagination and creativity in their techniques, tactics and choreography;
- improve their own and others' performances and take the initiative to lead others.
- Swim at least 25m confidently and have water safety skills

### Implementation

Our PE curriculum is organised into half termly topics as discussed and agreed by all teaching staff. This subject will be taught discreetly with links being made where appropriate. Pupils at St John Vianney Catholic Primary participate in weekly, high quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before and after school in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being. PE is taught as a minimum of two hours per week as well as the 'Daily Mile'. At St John Vianney, we follow PEology planning format which covers all aspects of the curriculum. We use PE Academy to assist our teachers in CPD in PE. Each teacher receives at least one term's worth of CPD in an area of PE.

To meet our curriculum intent for PE, we have agreed to do the following. To allow all children to:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active young people
- Have access to specialist teaching for at least one term per year.

At St John Vianney, we recognise that our PE curriculum needs to be constantly evolving and through regular monitoring, evaluation and feedback, we make the necessary changes to provide the best possible PE curriculum for our pupils.

### Impact

Our curriculum aims to improve the wellbeing and fitness of all children at St John Vianney Catholic Primary, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of your own health and fitness. Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.

When we are successful in meeting our curriculum intent and implementation:

- pupils will see themselves as physically active members of the school community, recognising the importance of a raised heartbeat.
- pupils will know more, remember more and understand more about different sporting activities and the skills needed.
- Pupils will be able to transfer skills from one activity to another, making links between similar activities.
- pupils will use a developing vocabulary, appropriate to their age/stage.
- At the end of key stage 2, our pupils will be ready to tackle the challenges of key stage 3 PE

Impact can be shown in a variety of ways for PE:

- Assessment tracking
- Percentage of children competing in competitive sport
- The award of a School Games mark which shows that PE is high on our agenda
- Inputting data into the Evidencing the Impact - Website Reporting Template

### Plans for the future

To personalise the skills progression grids for St John Vianney, matching them more closely to the needs of our pupils and our evolving PE curriculum.

Involvement of the local sporting community to increase children participation and enjoyment in PE.

Ensuring that ALL pupils are able to compete in some sort of competition.